

# April 2017 Fitness Studio Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 am Beginner Yoga		10:00 am Beginner Yoga	

Group fitness studio -Please register at the front desk in advance to reserve your spot

Daily drop in Instructor-Led classes- \$5 per class

\*A complete fitness video library is available for check out at the Front Desk.