

February 2018 Fitness Studio Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------|--------------------------------------|-------------------------------------|-------------------|--------|----------|
| 6:30 pm Yoga | 6 pm Dance Class 6, 13, 20, 27 | 11:30 am Yoga 6:30 pm Yoga | 5:00 pm Karate | | |
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Group fitness studio -Please register at the front desk in advance to reserve your spot

*A complete fitness video library is available for check out at the Front Desk.