

March 2018 Fitness Studio Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 pm Yoga	6 pm Dance Class 6, 13, 20, 27	11:00 am Yoga 6:30 pm Yoga	5:00 pm Karate		

Group fitness studio -Please register at the front desk in advance to reserve your spot

*A complete fitness video library is available for check out at the Front Desk.