

October 2017 Fitness Studio Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00 pm Dance Class (3, 10, 17, 24)	11:00 am Yoga			
	7:00 pm Dance Class (3, 10, 17, 24)				

Group fitness studio -Please register at the front desk in advance to reserve your spot

*A complete fitness video library is available for check out at the Front Desk.